

Performance Improvement Strategies in Osteoporosis Clinician Information and Self-Assessment Form

Instructions: Please complete this form **before** submitting your patient data forms. Return to Med-IQ by e-mail, fax, or mail. You may also complete the forms online at www.pi-iq.com/osteoporosis.

Clinician Information:

Name: _____ Today's Date: _____

Degree: _____ Specialty: _____

Office Address: _____

City: _____ State: _____ Zip: _____

Phone Number: _____ Fax Number: _____

E-mail: _____

1. Type of primary practice:

- Solo practice
- Group practice < 5
- Group practice > 5
- Institutionally salaried (hospital/clinic)
- Institutionally salaried (HMO/managed care/insurance company)
- Other (please specify): _____

2. How many years have you been practicing? < 1 1 to 10 11 to 20 21 to 30 > 30

3. On average, how many patients with or at risk of osteoporosis do you see each week? _____

Before you begin completing the patient data forms using information from individual patient charts, please take a moment to consider your current practices and answer the questions below.

4. On average, how often do you use tests other than central dual x-ray absorptiometry (DXA) to measure your patients' bone mineral density (BMD) (eg, ultrasound, single x-ray absorptiometry, peripheral DXA, quantitative computed tomography)?

- Never Sometimes Frequently Always

5. On average, how often do you assess dietary calcium intake in your patients with or at risk of osteoporosis?

- Never Sometimes Frequently Always

5a. In approximately what percentage of your patients with or at risk of osteoporosis do you recommend calcium supplements?

- < 10% 10% to 25% 26% to 50% 51% to 75% 76% to 90% > 90%

6. In approximately what percentage of your patients with or at risk of osteoporosis do you recommend vitamin D supplements?

- < 10% 10% to 25% 26% to 50% 51% to 75% 76% to 90% > 90%

7. On average, how often do you discuss a smoking cessation plan with your patients with or at risk of osteoporosis who currently smoke?

- Never Sometimes Frequently Always

8. In approximately what percentage of your patients with or at risk of osteoporosis do you recommend specific weight-bearing exercise programs? < 10% 10% to 25% 26% to 50% 51% to 75% 76% to 90% > 90%

8a. How often do you document these recommendations and/or track progress with exercise programs in the medical charts of your patients with or at risk of osteoporosis? Never Sometimes Frequently Always

9. In approximately what percentage of your patients do you prescribe antiresorptive drug therapy if the patient has any of the following characteristics: a T-score < 2.5; history of prior fracture; low bone mass and secondary cause associated with a high risk of fracture; low bone mass and a FRAX® 10-year hip fracture risk \geq 3%; low bone mass and a FRAX® 10-year major osteoporosis-related fracture risk \geq 20%? < 10% 10% to 25% 26% to 50% 51% to 75% 76% to 90% > 90%

10. On average, how often do you assess medication adherence to osteoporosis-related medications in your patients with or at risk of osteoporosis? Never Sometimes Frequently Always



Questions? Call Med-IQ at 866 858 7434, e-mail concierge@med-iq.com, fax to 866 419 5789, or mail to Med-IQ, 5523 Research Park Drive, Suite 210, Baltimore, MD 21228